



Revive, Relax and Rekindle



Price List 2022-2023









Body Treatments

£49 **Full Body Massage** 55 minutes **Back Massage** £30 25 minutes **Indian Head Massage** £25 20 minutes £35 **Deep Tissue Massage** 25 minutes Deep Tissue Massage £60 55 minutes £50 **Pregnancy Massage** 55 minutes **Body Scrub** £30 30 minutes £50 **Body Scrub**

Nail Treatments

Manicure	£18
Pedicure	£23
Gel Hands	£20
Gel Feet	£20
Gel Manicure	£33
Gel Pedicure	£38
Nail Soak Off	£5
File & Polish (Hands/Feet)	£12



55 minutes

Facial Treatments

Express Prescriptive Facial 30 minutes	£30
Essential Prescriptive Facial 60 minutes	£60
Ultra Bright Facial 60 minutes	£60
Age Resist Facial 60 minutes	£60
Intensive Prescriptive Facial 75 minutes	£75
Aroma Spa Signature Facial 75 minutes	£75
Skin Quenching Facial 60 minutes	£75



Waxing

Full Leg Wax	£23
Bikini Line Wax	£15
Brazillian Wax	£23
Hollywood Wax	£28
Half Leg Wax & Bikini Wax	£25
Full Leg & Bikini Wax	£35
Lip Wax	£6
Chin Wax	£6
Lip & Chin Wax	£10
Underarm Wax	£7
Half Arm Wax	£10
Full Arm Wax	£16
Chest Wax	£20
Back Wax	£20

Eye Treatments

Eyebrow Tint	£8
Eyelash Tint	£10
Lash & Brow Tint	£16
Eyebrow Wax	£6



Pamper Sessions

Spa Pamper:

- Back, Neck & Shoulder Massage
 25 minutes
- Sauna, Hydropool & Foot Spas
 2 hours
- Complementary Hot Drink

Twilight Pamper:

- Eve Taylor London Express Facial 25 minutes
- Sauna, Hydropool & Foot Spas 2 hours
- Complementary Hot Drink

Ultimate Relaxation:

- Full Body Massage 55 minutes
- Eve Taylor London Express Facial 25 minutes
- Sauna, Hydropool & Foot Spas 2 hours
- Complementary Hot Drink

£36

£36

£75







The Spa at Fullwell Cross Leisure Centre, has been designed solely with your health and relaxation in mind. When the pressures of everyday life seem to be mounting and you need some 'me' time, then a session in The Spa will leave you feeling relaxed and refreshed.

Facilities at The Spa include:

- Sauna
- Experience showers
- Heated loungers
- Aroma room

- Steam room
- Hydropool
- Foot spas



Spa timetable and How to book

We have mixed, women and men only sessions (16 years+) please refer to the timetable below to ensure the session type and times are suitable for you before booking.

All sessions must be booked in advance you can do this online at <u>visionrcl.org.uk/the-spa</u> or via the Vision RCL app.

To book treatments, please call **020 8550 2366** or email **spa.admin@vision-rcl.org.uk**.

